

Emerging Perspectives on Awareness and Prevention of Cancer in Indian Women

Natarajan P
Ganesan S
Anbalagan.T

Associate Professor and Head, PG & Research Department of Zoology and Biotechnology, A Veeriyar Vandayar Memorial Sri Pushpam College Poondi - 613503, Thanjavur Dist, Tamil Nadu, India

Abstract

Among various diseases, cancer has become a big threat to human beings globally. In India cancer is the second most common disease, responsible for maximum mortality with about 0.3 million deaths per year. The magnitude of cancer problem in the Indian sub-continent is increasing due to poor to moderate living standards and inadequate medical facilities. Now a day's India is growing with a good progress rate and probably will become a developed country within a few decades resulting into its participation in the world development.

Breast cancer has been described as an alarmingly health problem in India. Every year the incidence of Breast cancer in India have steadily increased and as many as 1,00,000 new patients are being detected every year. The chemical, biological and other environmental identities are responsible for uncontrolled and unorganised proliferation of cells (Carcinogens).

About 70% colorectal cancer cases are believed to be due to imbalanced diet. Further, the survey showed that heavy consumption of red meat is the main cause of several cancers including Gastro intestinal tract and colorectal, prostate, bladder, breast, gastric and oral cancers. High risk of Breast cancer among girls at puberty is due to chest irradiation of X-rays used for diagnostic and therapeutic purpose.

National cancer control programme started in 1975-76 in India, lead to the development of regional cancer centres (RCC's), a number of oncology wings in medical colleges

In the present study the strategy for prevention and creating awareness of cancer among Indian women is established. Cancers namely those of oral and lungs in male and cervix and breast in females account for over 50% of all cancer deaths in India. Gall bladder cancer in Delhi women is one of the highest (9%) in the world.

National cancer awareness day is observed on 7th November every year in memory of Madam Mary curie the noble price laureate for the discovery of Radium. Various activities of Govt, NGO's and funding scheme of various projects and implementation of prevention and control measures and its results are discussed in the present study

Key words: Cancer, Women, Awareness, Prevention, control measure, India

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***Corresponding author:** Natarajan P, Associate Professor and Head, PG & Research Department of Zoology and Biotechnology, A Veeriyar Vandayar Memorial Sri Pushpam College, Poondi - 613503, Thanjavur Dist, Tamil Nadu, India; Email: natrajpushpam@gmail.com

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