

Shoulder Muscle Imbalances: Assessment and Treatment using Trigenics® myoneural summative protocols

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Abstract

Learn the most current and advanced approach to correcting chronic shoulder pain and disability resulting from proprioceptive sensorimotor pathology. Eminent neurologist, physiotherapist and luminary, Dr. Vladimir Janda, brought the etiology of neuromusculoskeletal dysfunction and pain syndromes, resulting from muscle imbalances, to the forefront of modern concepts in manual medicine.

In 1994, Osteopath and Chiropractic doctor, Allan Gary Austin Oolo, began to take the work of Dr. Janda forward into a higher level with his incorporation of an interactive multimodal neurosummative treatment methodology for muscle imbalances. The resulting neurologically based, assessment and treatment system, called "Trigenics®" has been taught to thousands of physiotherapists worldwide over the last 20 years.

Dr. Oolo was historically the first to invent and introduce functional isolated muscle length testing as part of the comprehensive muscle imbalance assessment protocols. He was also first to devise an interactive multimodal treatment methodology, based on functional reflex neurology, to gain far more effective results than traditional unimodal neuromuscular treatments where patients are only passive recipients.

Trigenics® is consistent with the principles of neuroplasticity and corticoneural reorganization of the sensorimotor and somatosensory systems. Dramatic improvement in functional movement and strength as well as pain reduction is achieved for sustainable results in one treatment.

In this lecture, eminent physiotherapist Linley Leuthard, from New Zealand, with founder Dr Allan Oolo will help you learn some valuable information on how to very effectively and rapidly assess and treat shoulder dysfunction and pain conditions, using Trigenics protocols, which do not require surgical intervention. Conditions such as rotator cuff tendinosis and shoulder impingement syndrome are discussed with demonstrations on real conditions of workshop webinar models.

With some follow-up study, you will be able to take your knowledge back and incorporate it immediately into your practice such that your shoulder work will advance to high acclaim. Be there!

Article Information

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