

## Celebrity Physical Therapist Expands into India

Karena Wu

*ActiveCare Physical Therapy, NYC, USA/Mumbai, India*

Over one year ago, NYC celebrity physical therapist, Dr. Karena Wu brought her best-rated clinic, ActiveCare Physical Therapy from NYC to Mumbai. Known for her appearances on Dr. Oz, CNN, CBS, NBC, FOX and much more, Dr. Wu established her brand into Mumbai. Her practice philosophy involves a holistic view and top notch detail. She recognized a lack of advanced therapies, especially when it came to high level assessments and appropriate therapeutic techniques. "Once I heard that there was a lack of treatment options in India I knew I had to help. We want the people in Mumbai and the surrounding areas to have the same access to care that we have here in the U.S.", Wu said. Dr. Wu's family background in eastern medicine combined with her western training allows her to bring a unique perspective in the care of each patient. She has multiple years of experience in private practice as a clinician and business administration as an entrepreneur. Healthcare is not only about clinical care, it incorporates administration, marketing and networking on a local, regional and global scale. As the first female physical therapist honored with the title of AVP (Association of Volleyball Professionals) Medical Director, her work in professional beach volleyball has given her information on professional sports and the healthcare industry in America on a national level. Dr. Wu has also worked internationally with Canadian kinesiology tape company, SpiderTech as their Director of Education. As a current Fellow in Training with the Maitland Australian Physiotherapy Seminars (MAPS) Orthopedic Manual Therapy Fellowship Program, she promotes continued education and training worldwide. Dr. Wu's practice methodology is an advanced skill that being brought to the international forum for the betterment of each patient.

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