

## Effectiveness of Dry Needling in the Treatment of Shoulder Conditions - Using Ultrasonography as a Diagnostic Technique

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The use of Dry Needling as a treatment tool in Shoulder conditions has been used sparingly. An extremely mobile joint like the shoulder requires prompt intervention and treatment for effective outcomes. In our current study we have studied a range of Shoulder conditions from Calcifications, Tendinosis, Tears and Bursitis to view the effect of Dry Needling on the recovery status of these conditions. Ultrasonography of the Shoulder, Cyriax Shoulder assessment tool and a DASH assessment tool has been used to assess the condition of the shoulder before and after the treatment sessions.

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